



MBBS (S'pore), MRCS (Edin),
MMED (Surg), FRCS (Urol)
(RCPSG), FAMS (Urology)

Dr Fiona Wu

Clinical Interests: Female Urology, Neuro-urology, Urinary Incontinence, Reconstructive Urology, Voiding Dysfunction

Dr Fiona Wu is an experienced Consultant Urologist and is the Medical Director of Aare Urocare.

Education and Training

Dr Fiona Wu graduated with the degrees of Bachelor of Medicine and Bachelor of Surgery from the National University of Singapore (NUS). After which, she obtained a surgical fellowship with the Royal College of Surgeons in Edinburgh in 2008. After completing her Masters of Medicine (Surgery) in 2010, she joined the National University Hospital Singapore (NUHS) and started her training in the field of Urology. She received her Specialist Accreditation in Urology in 2015. She has completed her fellowship in Female and Reconstructive Urology at the University of Bern, Switzerland, in 2016.

In NUHS, she served in the female, functional and reconstructive subspecialty and was in charge of bringing new treatments and technology for patients in NUH, Ng Teng Fong General Hospital (NTFGH) and Alexandra Hospital.

She was awarded the AMDA (Academic Medicine Development Award) for fellowship training in Bern in 2016. She was under the tutelage of world-renowned reconstructive surgeons at Universitat Bern, Inselspital in Switzerland. During her tenure, she was exposed to challenging surgeries and complex cases which furthered her practice.

Clinical Expertise

Prior to her private practice, Dr Fiona Wu spent 15 years in public service. She was a Consultant in the Department of Urology at National University Hospital (NUH), Alexandra Hospital and Ng Teng Fong General Hospital. Dr Wu has special interests in the field of Female Urology, Neuro-urology And Reconstructive Urology.

Her clinical interests include treating incontinence in a holistic way using minimally invasive methods. She worked closely with the gynaecology and colorectal departments to treat complex pelvic floor conditions and continues to do so in her own practice.

Dr Fiona Wu was also the Programme Director of Surgery-In-Training at NUH and part of the core faculty of Urology Residency during her service at NUH. She is actively involved in educating junior urologists and helping them in

their training and is a core faculty member of postgraduate junior doctors.

Medical Teaching

Dr Fiona Wu is passionate about undergraduate and postgraduate education. She was a core faculty member for Urology and the Programme Director for Surgery-In-General in the University Surgical Cluster. She won the NUHS Teaching Excellence Awards from 2019 to 2021.

Her academic pursuits led to her publishing several urological papers in international journals on a wide range of topics within the realm of urology. Her active involvement in international collaborative studies with overseas urologists also led to more publications in high-impact journals.

Urological Society Involvement

She is a member of the Singapore Urological Association (SUA), International Urogynecological Association (IUGA) and International Continence Society (ICS). She actively serves as the Treasurer of the Society for Continence Singapore (SFCS), where she also held the appointment of Vice President prior. She continues to organise seminars for the public and nurses in Singapore, recently expanding their reach to regional countries.

She also helps organise symposiums for doctors and public forums as well as urological courses. She was also an exco member of SUA (Singapore Urological Association 2021-2022) and was in charge of organising the annual local urological symposium for 2022. She was a member of IUGA 2021 Singapore organising committee and was involved in the moderation of this international conference.

She is often invited as a speaker and moderator for local urological and regional conferences, usually on the topics of incontinence, urinary tract infections and voiding dysfunction. She is passionate about treating these conditions and has attended courses and seminars as often as she can.

Interests

During her free time, she enjoys exercising in parks and doing pilates. She believes that fresh air and sunlight are good for the soul and health. After a long day at work, nothing beats some exercise to rejuvenate the mind and body.

Hiking and traveling overseas have been her recent hobbies, and although recently disrupted by COVID-19, she looks forward to resuming these activities once COVID ends.



Conditions

General

- Nocturia
- Urinary Incontinence
- Neurologic Lower Urinary Tract Dysfunction
- Overactive Bladder (OAB)
- Urinary Tract Infections (UTI)
- Kidney and Ureteral Stones
- Pelvic Floor Dysfunction
- Bladder Cancer

Female

- Chronic Pelvic Pain
- Bladder Pain Syndrome
- Interstitial Cystitis

Male

- Voiding Dysfunction
- Bladder Outlet Obstruction
- Erectile Dysfunction
- Benign Prostatic Hyperplasia (BPH)
- Prostatitis

Services

Investigations

- Urodynamic Study/Video-Urodynamic study (UDS/VUDS)
- Urinary Tests
- Radiological Investigations
- Uroflowmetry
- Cystoscopy

Treatment

- Pelvic Floor Muscle Exercises
- Percutaneous Tibial Nerve Stimulation (PTNS)
- Incontinence Operation and Procedures
- Reconstructive Urology Surgery
- Interstitial Cystitis Treatment
- Transurethral Surgery for Bladder and Prostate Conditions
- Intravesical Treatment for Recurrent UTI
- Male Circumcision
- Intravascular Botox Injection
- Hernia Repair
- Stone Surgery



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